may be used, but whichever one is chosen is used both for body paint and for face designs. However, one woman insisted that ocher paint only was used at the menses, and that the red opuntia dye was reserved as a treatment for sunburn and the removal of freckles. In the latter connection it was explained that freckles may be caused by a female fetus during pregnancy and can be remedied by the above treatment. (One informant thought that her fellow tribeswomen were in error in their belief that sex of a child could be foretold by the appearance of such freckles, inasmuch as she herself had seen them appear during a pregnancy which resulted in birth of a boy.) 881 302 [757] [827] [843] [842]

Designs on a girl's face may consist of four vertical lines on each side of her nose, extending from her forehead to her jaw, the innermost lines passing the outer corners of her eyes. Vertical lines may be painted on a girl's cheeks, with a continuous line extending from her hairline down her nose to her chin. One pattern started with a line at the inner corners of the eyes extending outward across the cheeks, the smoothing motion used in executing this supposedly warding off wrinkles. These, or other facial designs used, are said to have no significance other than that customarily associated with the number four which is conspicuous in any grouping of lines or dots used. The body may be painted red completely from neck to foot, or lines may be drawn on arms from shoulder to wrist and on the front of thighs to the knee. 881 302 531 [801]

While it was stated that a menstruating girl should rise before sunup for her ceremonial washing and painting so she will be ready to run at sunrise, a discrepancy appears in that she is said to dry her hair in the sun. This suggests that, in practice, little attention is paid to the time certain actions should be performed, or to their sequence. 881 302 841

Running at Sunset and Sundown

At sunrise, a pubescent girl, already bathed, shampooed, painted, and attired in her puberty dress, runs toward the sunrise, and at sundown she runs toward the west to insure that she will be quick and unfailing in her work. As she runs she carries a slow match of cedar bark with which she touches her knees and elbows to prevent rheumatism in old age. On the three succeeding days, a girl is bathed, her hair is shampooed, and her body paint and face designs are reapplied. As on the first day, she runs to the east at dawn and to the west at sundown. Following this routine she gathers a bundle of wood and carries it to the camp of some woman who is exemplary in working so that she may attain this ideal. 881 [751] [372] [482]

Meanwhile, a girl's father has dug a shallow pit and constructed a temporary brush shade over it a short distance from the home camp. In the pit, which is about 4 ft. long and 1 ft. deep, a layer of rocks is placed with firewood. After being heated about an hour, the rocks are covered with earth and several layers of blankets to make a bed. When the girl has performed 881 843